

Overview

How to join an instant meeting through an email invite.

Before joining a Zoom meeting on a computer or mobile device, you can download the Zoom app from [our Download Center](#). Otherwise, you will be prompted to download and install Zoom when you click a join link.

You can also [join a test meeting](#) to familiarize yourself with Zoom.

Prerequisites

- Each meeting has a unique 9, 10, or 11-digit number called a [meeting ID](#) that will be required to join a Zoom meeting
- If you are joining via telephone, you will need the [teleconferencing number](#) provided in the invite.



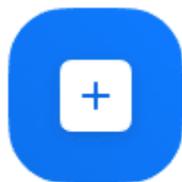
1. Open the Zoom desktop client.
2. Join a meeting using one of these methods:
 - Click **Join a Meeting** if you want to join without signing in.

The Zoom logo, consisting of the word "zoom" in a lowercase, blue, rounded sans-serif font.

A blue rounded rectangular button with the text "Join a Meeting" in white, bold, sans-serif font.

A white rounded rectangular button with a thin blue border and the text "Sign In" in blue, sans-serif font.

- Sign in to Zoom then click **Join**.



Join

3. Enter the [meeting ID](#) number and your display name.

- If you're signed in, **please change your name** if you don't want your [default name](#) to appear.
- **If you're not signed in, enter a display name.**

Join a Meeting

Do not connect to audio

Turn off my video

Join

Cancel

4. Select if you would like to connect audio and/or video and click **Join**.